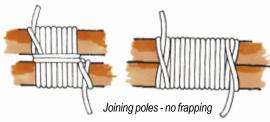
## Sheer Lashing

Sheer legs lashing with frapping



The sheer lashing is used to join two poles together to create sheer legs when the butt of the poles are spread apart and to create a long pole and keep them parallel. In the case of joining poles two

lashings are required, one at each end of the overlapping poles. Start with and finish with a Clove Hitch. Wrap and frap as shown. In the case of sheer legs one lashing is required.

Tripod or Figure of Eight Lashing



Traditional Tripod lashing





Danish Tripod lashing





## Tourniquet Lashing

